I am Gerda van der Walt. I grew up in Pretoria but I now live in Portugal. I am a qualified beautician as well as an office administrator and I obtained a BA-degree in Psychology from the University of Pretoria. I am fascinated by the human mind and body and the optimization of human potential, performance and appearance. I am equally interested in education and skills development. I therefore also worked as a school educational products consultant and ran an international music and performing arts examination centre in Johannesburg. Learning Portuguese and remaining active in my fields of interested are my priorities here in my new environment.